



**UNIVERSITÀ DEGLI STUDI
DELL'INSUBRIA**

SCHOOL OF MEDICINE

DESCRIPTION OF THE CURRICULUM
(TEACHING REGULATIONS OF THE COURSE))
BACHELOR'S DEGREE COURSE
IN PROFESSIONAL EDUCATION (L/SNT2 Rehabilitation health professions)
A.Y. 2025/2026



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Art. 1 - General information and organization

The Degree Course in Professional Education It belongs to the Class of rehabilitation health professions (L/SNT2) and is activated according to the 2011 teaching regulations approved pursuant to the Interministerial Decree of 19 February 2009.

The professional health educator plans and implements a set of educational interventions aimed at the overall development of the person and the positive social integration of individuals of different age groups and with different problems who experience conditions of hardship: psychophysical handicaps, relational difficulties, environmental deficiencies, problems of deviance, situations of family emergency and marginalization.

The educator therefore carries out an action aimed at promoting the psychological, relational and environmental conditions that favor the development of the growth potential and autonomy of people in need.

The three-year program includes courses in pedagogy, psychology, psychiatry, sociology, and medicine. These courses are designed to develop skills in understanding the needs of individuals, particularly those experiencing difficulties; intervention skills, aimed at developing a pedagogical life plan; interpersonal skills, understood as the ability to interact with others and work in groups for professional success; and teamwork skills.

The School of Medicine (a coordinating body established pursuant to Law 240/2010) is responsible for managing the degree programme, coordinating and streamlining the program's teaching activities. The degree programme is offered through the collaboration of the Departments of Medicine and Surgery, Medicine and Technological Innovation, and Biotechnology and Life Sciences.

The President of the Degree Course Council is Professor Stefano Bonometti.

The Director of Professional Training Activities is Dr. Grazia Marchini.

The relevant academic office is the School of Medicine Office, which receives appointments via the Microsoft Teams platform and responds to emails received via INFOSTUDENTI . The web application provides a communication channel with various University offices (including Student Offices, Integrated Student Services – Right to Education, Orientation and Placement Services, and Academic Offices) and is available to students and external users. This system allows you to submit questions and receive responses, attach documents, and track the status of your request.

Art. 2 - Admission to the study program

Admission requirements and access methods

To be admitted to the degree program, students must possess a high school diploma or other qualification obtained abroad, deemed suitable under current legislation. Students must also possess or have acquired



adequate initial preparation, as required by current regulations regarding admission to courses with limited enrollment at the national level. The maximum number of places for admission to the first year of the program, appropriate to the University's teaching potential and current regulations, is established annually by the Ministry. Similarly, the Ministry defines the timing, methods, and content of the exam through a specific ministerial decree. All information required for the admission exam is provided in the call for applications announcement, published on the University website on the page dedicated to limited admissions to the Healthcare Professions .

Students who pass the admission test and rank highly within the maximum number of places established by the Ministry may enroll in the degree course.

Possession of adequate knowledge and skills is assessed through a mandatory admission test, with identical content throughout the country, used to prepare the merit ranking. The admission test, in addition to being selective, also serves as an assessment test to assess the initial knowledge required for admission in the same areas as the test defined by the Ministry of Education, Universities and Research (MUR) Decree. The Ministry annually establishes the methods and content of the admission test and the criteria for formulating the merit ranking, which are published in the Admission Notice.

Initial preparation verification methods

As required by current legislation, the entrance exam, whose content is identical throughout the country, is designed to verify adequate entry-level knowledge. Students who, despite passing the exam, achieve the threshold of 6 points in the Biology questions will be assigned an additional learning requirement (OFA) to be completed during the first year of the course, specifically for Genetics.

e-learning remedial course to complete their initial preparation. Biology instructors will be available to provide further information and clarification. At the end of the course, there will be an ongoing test (OFA Remedial Test). The dates and location of the test will be published on the Degree Program website. The OFA requirements are considered fulfilled once the ongoing tests and the final exam for the course in which the OFA is included (Biomedical Sciences) have been successfully passed. Enrollment in the second year of the program in "Regular" status is conditional on completing the OFA requirements by September 30 of the calendar year following enrollment.

Art. 3 - Transfer procedures from other degree courses

Recognition of previous careers

Students from other degree programs who have successfully passed the limited-access admission test may submit a specific request for recognition of previous academic achievement to the Student Administration Office, along with their application for enrollment in the degree programme. This request must specify the activities for which they wish to have recognition. For further details on how to submit an application for recognition of previous academic achievement, please refer to the School of Medicine's degree program webpage.



Applications for admission to years subsequent to the first

Applications for admission to years after the first, following a request for authorization, are accepted for vacant positions in individual years of the program. For further information on the deadlines, criteria, and evaluation methods for applications, please refer to the Rector's Decree published annually on the University website. A special commission, appointed by the Degree Programme, examines the student's academic record and proposes the ranking of those admitted to years after the first for approval by the Degree Programme Council.

Art. 4 - Simultaneous enrollment in two study programs

Pursuant to Law No. 33 of April 12, 2022, "*Provisions regarding simultaneous enrollment in two higher education programs*" and subsequent Ministerial Decrees 930/2022 and 933/2022, students are permitted to simultaneously enroll in two programs. Requests for dual enrollment will be evaluated by a dedicated program committee, after verifying admission requirements.

Art. 5 - The educational path

The study plan for the Degree Course in Professional Education is statutory, meaning it features mandatory training activities for 180 credits, of which 60 credits are dedicated entirely to professional internship activities and 6 credits for activities chosen by the student as part of the Elective Teaching Activities (Italian acronym ADE).

Teaching is conducted conventionally, and therefore the degree program is taught entirely in person. For activities other than practical and laboratory work, limited online teaching may be provided, up to a third of the total.

Attendance is mandatory; to take the exam or qualify, students must demonstrate attendance of at least 75% of the total hours scheduled for each integrated or single-subject course.

It is the responsibility of individual instructors to verify this, as they deem appropriate. At the end of the teaching activities, the instructor in charge of the course is required to communicate to the Student Affairs Office any list of students who have not received a certificate of attendance. The Student Affairs Office, unless otherwise communicated by the instructors, will assign the certificate of attendance to the students' academic records.

Elective educational activities (ADE), professional and in-depth activities and professional workshops require 100% attendance of the planned hours.

The internship must be completed 100%, with the possibility of recovery in the event of justified absences.

Correspondence between CFU/hours for each type of activity (frontal teaching, exercises, laboratories, internships and traineeships, seminars, etc.)

The University Educational Credit (CFU) is a measure of the amount of learning, including individual study, required of a student with adequate initial preparation to acquire knowledge and skills in the learning activities required by the degree program regulations, as indicated in Article 5 of Ministerial Decree 270/04.



Each training activity (teaching, laboratory, internship or thesis, etc.) of the degree courses corresponds to a specific whole number of training credits (CFU).

Each CFU corresponds to 25 hours of student commitment, including hours of training activities in the presence of the teacher, and hours of independent study and personal reworking, necessary to complete the training.

The credits corresponding to each training activity are acquired by the student after passing the proficiency exam or other form of proficiency assessment established in the course's teaching regulations.

Training activities / CFU:

- lectures: up to a maximum of 12 hours / CFU;
- exercises: up to a maximum of 15 hours / CFU;
- educational laboratories: up to a maximum of 20 hours / CFU;
- seminars: up to a maximum of 12 hours / CFU;
- elective teaching activity (ADE): at least 20 hours / CFU, up to a maximum of 25 hours / CFU;
- professional internship: 25 hours / CFU;

Lectures: This is the main and fundamental teaching activity. Students attend lectures given by the teacher and independently process the content they have listened to.

Exercises: This activity allows you to clarify the content of the lessons through the development of applications. No additional content is added to the lessons. Exercises are typically associated with the lessons and do not exist independently.

Workshops/Seminars/ADE: Lessons taught by experts and professionals from the academic, business, and institutional worlds, using hands-on methodology and actively organized student participation.

Visits/Study Trips: Activities in the presence of the student, coordinated and managed by teachers, in a productive or research context, for the purpose of study and implementation of knowledge.

Apprenticeship: Internships are a central element in the professional development of students in the Professional Education Program. They are an essential training method for developing professional skills, the ability to observe and analyze educational contexts, and critical thinking. The Program provides the necessary support to ensure effective internships. A specific tutoring service is also provided for internships, aimed at critically reviewing practical experiences through small-group activities (ratio of 1 tutor to 15 students).

The areas of internship are:

1st year: internship activity in the senior area.

2nd year: internships in the disabled area, psychiatric area, and sports area.

3rd year: internship activities in the marginalized areas, minors' areas, and hospital areas.

If necessary, students are supported with individual interviews.

Meetings with professional educators from partner institutions are also planned, where pedagogical service and activity plans of particular interest will be presented.

The Director of Professional Education is responsible for planning and managing internships.



Thesis: The final exam (5 CFU), which has the value of a State Exam qualifying for professional practice, consists of:

- a) a practical test during which the student must demonstrate that he or she has acquired the theoretical-practical and technical-operational knowledge and skills specific to the specific professional profile;
- b) drafting a thesis and its dissertation.

The final exam is organized, by decree of the Minister of Universities and Research in agreement with the Minister of Labor and Social Policies, in two sessions defined at the national level. – see art. 11 of these Regulations.

Methods of verifying training activities

The assessment methods for training activities, detailed in the course syllabuses, may be written or oral and may include ongoing activities.

To take exams and other assessment tests, students must be up to date with their tuition and fees, have passed any preparatory exams, have attended classes, and have all required attendance certificates. Registration for exams or assessment tests is completed exclusively online. Upon online registration, the information system checks the student's academic record to ensure that their exam registration matches their study plan.

Any prerequisites and/or barriers

To **advance to the second year** of the course, students must have acquired all attendance certificates for the first-year courses and passed the PROFESSIONAL INTERNSHIP 1 exam.

To advance to the third year of the course, students must have acquired all attendance certificates for the second-year courses and passed the PROFESSIONAL INTERNSHIP 2 exam.

Students who do not have attendance certificates or who have not passed the internship exams at the end of the academic year (30 September) will be enrolled in the same year in the "Repeater" position, acquiring the teaching regulations of the following cohort.

Art. 6 - Graduation exams

To be admitted to the final exam, students must have earned all the credits for the educational activities planned in the study plan and required by the academic regulations, and have passed all the exams and qualifications, including those relating to the internship.

The final exam (5 CFU), with the value of a State Exam qualifying for professional practice, consists of two evaluation stages:

1. **A practical exam** (5 points) during which the student must demonstrate theoretical, practical, and technical-operational knowledge and skills appropriate to the specific professional profile. The items assessed will include: the ability to read and decode a case study and analyze the context; consistency and realism in defining objectives, references and procedures, methodologies, and techniques used; the ability to recall reference theoretical models; and the appropriateness of one's role in relation to the educational intervention.

You will be asked to write an educational project to explain to a commission made up of technicians.



The test will be considered passed if the candidate passes it. The practical test is worth up to 5 points, divided as follows:

- From 18/30 to 21/30 - 1 point
- From 22/30 to 24/30 - 2 points
- From 25/30 to 27/30 - 3 points
- From 28/30 to 30/30 - 4 points
- 30/30 with honors - 5 points

2. writing and discussing a thesis (6 points).

Writing a thesis will involve the student in in-depth analysis, planning, and research on topics or disciplines closely related to the professional profile of an educator.

The candidate will first present his or her work; the Commission will then take questions.

The thesis evaluation criteria include the degree of pedagogical/educational relevance to the topics covered, the depth of the topics covered, the originality of the thesis, and the possibility of concrete application in social, healthcare, and educational fields.

The thesis discussion is awarded up to 6 points based on the grade achieved.

The final degree score will be made up of the following:

- weighted average of the grades obtained in the curricular exams;
- sum of the grades obtained in the practical test and in the thesis discussion

The final degree score is expressed out of one hundred and ten, with the possible awarding of honors.

Upon graduation, a Diploma Supplement is issued. This informative report accompanies the official qualification and describes the nature, level, context, content, and status of the studies undertaken and completed by the student. It is issued in both Italian and English. The purpose of the document is to provide independent data for the international transparency of qualifications (diplomas, degrees, certificates, etc.) and to enable equitable academic and professional recognition, promoting student mobility. The Diploma Supplement complies with the Europass standard.

ATTACHMENTS

Annex 1 – Study Plan



Annex 1 – Study Plan

SCHEDULED TEACHING - 2025/2026 COHORT

Scheduled teaching refers to the set of courses planned for the entire study program, which must be taken by all students enrolling in the current academic year (enrollment cohort) in order to complete their studies and obtain their qualification.

1st YEAR								
SEM	Name of INTEGRATED COURSE/SUBJECT	SUBJECT	SSD	TAF/DISCIPLINARY AREA	HOURS	ECTS -C	Total Credits	VERIFICATION METHOD *
1	STATISTICAL PHYSICS AND COMPUTER SCIENCE	MEDICAL PHYSICS	FIS/07	Preparatory sciences /A1	20	2	4	V
		MEDICAL STATISTICS	MED/01	Preparatory sciences /A1	16	1		
		INFORMATICS	INF/01	Other Training Activities /F1	12	1		
1	HUMAN SCIENCES	HISTORY OF MEDICINE	MED/02	Other Training Activities /F1	12	1	6	V
		GENERAL PSYCHOLOGY	M-PSI/01	Biomedical Sciences /A2	24	3		
		DEMOETHNOANTHROPOLOGICAL DISCIPLINES	M-DEA/01	Preparatory sciences /A1	16	2		
1	FUNDAMENTALS OF PEDAGOGY	GENERAL AND SOCIAL PEDAGOGY 1	M-PED/01	Professional Health Education Sciences /B1	20	2	4	V
		TEACHING AND SPECIAL PEDAGOGY 1	M-PED/03	Professional Health Education Sciences /B1	20	2		
1	ENGLISH LANGUAGE	ENGLISH LANGUAGE	L-LIN/12	Foreign language /E2	20	2	2	I
2	HISTORY OF THE HUMAN SCIENCES	GENERAL SOCIOLOGY	SPS/07	Preparatory sciences /A1	24	3	8	V
			SPS/08	Professional Health Education Sciences /B1				
		PSYCHIATRY 1	MED/25	Professional Health Education Sciences /B1	24	3		
		HISTORY OF PEDAGOGY	M-PED/01	Professional Health Education Sciences /B1	20	2		
2	SOCIAL PROTECTION	PRIVATE LAW	IUS/01	Similar or complementary training activities /C	12	1	4	V
		LABOR LAW	IUS/07	Healthcare Management /B6	12	1		
		LEGISLATION ON SOCIAL AND HEALTH SERVICES IN THE SECTOR	MED/48	Professional Health Education Sciences /B1	16	2		
2	BIOMEDICAL SCIENCES	GENETICS	MED/03	Biomedical Sciences /A2	20	2	8	V
		PHYSIOLOGY	BIO/09	Biomedical Sciences /A2	20	2		
		GENERAL PATHOLOGY	MED/04	Biomedical Sciences /A2	12	1		
		HUMAN ANATOMY	BIO/16	Biomedical Sciences /A2	24	3		



2	SCIENTIFIC ENGLISH	SCIENTIFIC ENGLISH	L-LIN/12	Foreign language /E2	20	2	2	I
A	ELECTIVE EDUCATIONAL ACTIVITY 1	ELECTIVE EDUCATIONAL ACTIVITY 1	//	Students' Choice /D	//	2	2	F
A	PROFESSIONAL LABORATORY 1	PROFESSIONAL LABORATORY 1	MED/48	Other Training Activities /F2	20	1	1	I
A	PROFESSIONAL INTERNSHIP 1	PROFESSIONAL INTERNSHIP 1	MED/48	Internship /B8	350	14	14	V
2nd YEAR								
SEM	Name of INTEGRATED COURSE/SUBJECT	SUBJECT	SSD	TAF/DISCIPLINARY AREA	HOURS	ECTS -C	Total Credits	VERIFICATION METHOD *
1	FIRST AID	PHARMACOLOGY	BIO/14	First aid /A3	20	2	9	V
		INTERNAL MEDICINE	MED/09	First aid /A3	20	2		
		FIRST AID	MED/41	First aid /A3	20	2		
		EMERGENCY PSYCHIATRY	MED/25	Interdisciplinary and Clinical Sciences /B5	12	1		
		GENERAL NURSING SCIENCES	MED/45	First aid /A3	20	2		
1	DEVELOPMENTAL PSYCHOLOGY	CHILD NEUROPSYCHIATRY	MED/39	Interdisciplinary and Clinical Sciences /B5	30	3	6	V
		DEVELOPMENTAL PSYCHOLOGY	M-PSI/04	Biomedical Sciences /A2	20	2		
		DYNAMIC PSYCHOLOGY	M-PSI/07	Professional Health Education Sciences /B1	12	1		
1	PEDAGOGICAL METHODOLOGY	EDUCATIONAL WRITING	MED/48	Professional Health Education Sciences /B1	20	2	6	V
		GENERAL AND SOCIAL PEDAGOGY 2	M-PED/01	Professional Health Education Sciences /B1	20	2		
		TEACHING AND SPECIAL PEDAGOGY 2	M-PED/03	Professional Health Education Sciences /B1	20	2		
2	METHODS AND TECHNIQUES 1	ROLE OF SOCIAL-HEALTH FIGURES	MED/48	Professional Health Education Sciences /B1	20	2	6	V
		EDUCATIONAL RESEARCH METHODOLOGY	M-PED/04	Preparatory sciences /A1	20	2		
		EDUCATIONAL PLANNING	MED/48	Professional Health Education Sciences /B1	20	2		
2	NEUROLOGICAL AND PSYCHIATRIC DISORDERS	PSYCHIATRY 2	MED/25	Professional Health Education Sciences /B1	24	3	7	V
		NEUROLOGY	MED/26	Interdisciplinary and Clinical Sciences /B5	20	2		
		CLINICAL PSYCHOLOGY	M-PSI/08	Biomedical Sciences /A2	16	2		



2	ETHICS	HISTORY OF RELIGIONS	M-STO/06	Professional Health Education Sciences /B1	12	1	3	V
		MORAL PHILOSOPHY	M-FIL/03	Human and Psychopedagogical Sciences /B2	20	2		
A	ELECTIVE EDUCATIONAL ACTIVITY 2	ELECTIVE EDUCATIONAL ACTIVITY 2	//	Students' Choice /D	//	2	2	F
A	PROFESSIONAL LABORATORY 2	PROFESSIONAL LABORATORY 2	MED/48	Other Training Activities /F2	20	1	1	I
A	DESIGN 1	DESIGNING OF NOTICES	//	Other Training Activities /F1	20	2	2	I
A	PROFESSIONAL INTERNSHIP 2	PROFESSIONAL INTERNSHIP 2	MED/48	Internship /B8	550	22	22	V
3rd YEAR								
SEM	Name of INTEGRATED COURSE/SUBJECT	SUBJECT	SSD	TAF/DISCIPLINARY AREA	HOURS	ECTS -C	Total Credits	VERIFICATION METHOD *
1	METHODS AND TECHNIQUES 2	EDUCATIONAL FUNCTIONS AND TOOLS	MED/48	Professional Health Education Sciences /B1	24	3	7	V
		DESIGN OF TERRITORIAL SERVICES	MED/48	Professional Health Education Sciences /B1	20	2		
		SOCIAL MARKETING	MED/48	Professional Health Education Sciences /B1	20	2		
1	PSYCHIATRIC AND EDUCATIONAL THERAPIES	PSYCHIATRY	MED/25	Professional Health Education Sciences /B1	24	3	7	V
		TEACHING AND SPECIAL PEDAGOGY 3	M-PED/03	Professional Health Education Sciences /B1	20	2		
		GENERAL AND SOCIAL PEDAGOGY 3	M-PED/01	Professional Health Education Sciences /B1	20	2		
2	PSYCHOLOGY AND SOCIAL PEDAGOGY	WORK PSYCHOLOGY	M-PSI/06	Healthcare Management /B6	12	1	5	V
		SOCIOLOGY OF DEVIANCE	SPS/12	Professional Health Education Sciences /B1	20	2		
		SOCIAL PSYCHOLOGY	M-PSI/05	Professional Health Education Sciences /B1	20	2		
2	MOTOR AND REHABILITATION SCIENCES	DISEASES OF THE LOCOMOTOR SYSTEM	MED/33	Medical and surgical sciences /B3	12	1	3	V
		METHODS AND TEACHING OF MOTOR ACTIVITIES	M-EDF/01	Interdisciplinary Sciences /B7	20	2		
2	PREVENTION HEALTH SERVICES	INFECTIOUS DISEASES	MED/17	Medical and surgical sciences /B3	12	1	5	V
		RADIATION PROTECTION	MED/36	Health Services Prevention Sciences /B4	12	1		
		GENERAL AND APPLIED HYGIENE	MED/42	Health Services Prevention Sciences /B4	12	1		
		FORENSIC MEDICINE	MED/43	Health Services Prevention Sciences /B4	12	1		
		MEDICAL TECHNIQUES	MED/50	Health Services Prevention Sciences /B4	12	1		
A	ELECTIVE EDUCATIONAL ACTIVITY 3	ELECTIVE EDUCATIONAL ACTIVITIES	//	Students' Choice /D	//	2	2	F
A	PROFESSIONAL LABORATORY 3	PROFESSIONAL LABORATORY 3	MED/48	Other Training Activities /F2	20	1	1	I
A	DESIGN 2	DESIGNING OF NOTICES	//	Other Training Activities /F1	20	2	2	I
A	PROFESSIONAL INTERNSHIP 3	PROFESSIONAL INTERNSHIP 3	MED/48	Internship /B8	600	24	24	V
A	FINAL TEST	FINAL TEST	//	Final exam /E1	//	5	5	//

* G – JUDGMENT

V – EXAM I – FITNESS' F – FREQUENCY