



**UNIVERSITÀ DEGLI STUDI
DELL'INSUBRIA**

DEPARTMENT
Department of Theoretical and Applied
Sciences (DISTA)

TEACHING REGULATIONS OF THE
BACHELOR'S DEGREE COURSE
IN HISTORY AND STORIES OF THE CONTEMPORARY WORLD
(L-42R HISTORY)
A.Y. 2025/2026



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1. General information and organization

The degree programme in History and Stories of the Contemporary World (SSMC), class L-42R (Ministerial Decree of 16 March 2007, reformed pursuant to Ministerial Decrees 1648/23 and 1649/23) is activated in accordance with the 2025 teaching regulations.

The degree programme in History and Stories of the Contemporary World has been active since the 2018/2019 academic year and was designed to respond to a specific need that is not met by other Italian universities: to provide a comprehensive study of contemporary history, from the 20th century to the present day, through an interdisciplinary approach involving dialogue and comparison with contemporary philosophical and scientific thought and with all forms of media storytelling.

The programme is built around four fundamental pillars:

- History and historiography: focus on the contemporary Italian and international era, geopolitical insights (Africa, Asia, the Atlantic world, the Islamic world, etc.) and socio-cultural insights (the environment, revolutions, sport, cinema, mountains, etc.)
- Philosophy: history of philosophy and application of philosophical thought to the most salient issues of contemporary society
- Science: in constant dialogue with history and philosophy, up to its most urgent manifestations (ecology, environment, artificial intelligence)
- Audiovisual storytelling: cinema, documentary, serial fiction, television entertainment formats and products, music, visual arts

The degree programme provides the knowledge and skills necessary to address the complexity of the political, cultural and social dynamics that characterise contemporary society.

The aim is to train scholars and informed citizens, cultural operators who are aware of their own time, know how to translate it into articulate and cross-cutting storytelling, and can respond to stimuli from the world of the cultural industry, scientific and technological evolution, and global thinking.

The approach is interdisciplinary, not only in the organisation of the study programmes but also in the classroom teaching, which structurally includes crossover lessons with the presence of several lecturers who address the same topic from different and converging perspectives.

The programme is complemented by professional workshops held by experts from the world of work, internships at companies and institutions, to combine theoretical knowledge with the needs of the market and facilitate entry into the world of work, stays abroad (through the Erasmus programme) and events and meetings with scholars and professionals.

The degree programme defines four basic professional profiles: operator in the field of multimedia storytelling, in the editorial and critical-analytical field, in the educational sector and for work-related training, and for the enhancement of the historical memory of a territory.

The academic department responsible for the degree programme is the Department of Theoretical and Applied Sciences (DISTA).

The President of the Degree Programme Board is Prof. [Andrea Bellavita](#).



The relevant academic office (DiSTA Academic Office) is available by appointment via Microsoft Teams and responds to emails received via [INFOSTUDENTI](mailto:INFOSTUDENTI@uninsubria.it).

2. Admission to the study program

The course is open to all.

In accordance with current legislation, in order to enrol on the degree course, applicants must hold a secondary school diploma or other equivalent qualification obtained abroad and recognised as suitable. The knowledge required is not associated with a specific secondary school diploma, as the following knowledge and skills are sufficient: good general knowledge; logical reasoning and text comprehension skills; a good knowledge of the fundamentals of mathematics.

Enrolled students must take a test to assess their initial knowledge of the following topics:

- general knowledge;
- logic and reasoning;
- correct use of the Italian language
- understanding and interpretation of texts and documents.

The test consists of:

- 20 multiple-choice questions on Italian language, spelling, syntax, logical analysis and reasoning
- 30 multiple-choice questions on general knowledge and understanding of texts and documents

To pass the test, students must answer at least 30 questions correctly. The results are available immediately at the end of the test.

Students may take the test only once, according to the schedule defined by the relevant teaching facility, and in any case within the first semester of the first year of the course.

Students who do not take the initial knowledge assessment test will be blocked from continuing their studies and will therefore not be able to take exams.

The test is taken using the e-learning platform, which can only be accessed using the credentials provided by the University at the end of the enrolment procedure.

Registration for the test is done by booking a place via the reserved area

<https://uninsubria.esse3.cineca.it/Home.do>

Students who do not pass the initial knowledge assessment test are assigned an additional educational requirement (OFA), for which specially prepared material is made available on the e-learning platform. By the end of September, a committee appointed by the CdS will summon the student for an interview to assess their knowledge of the topics covered in the e-learning material.

Tutors are available to provide tutoring in preparation for the interview, after which the educational requirement is considered satisfied. Students who are assigned OFA may still take all the exams scheduled for the first year of the course. Enrolment in the second year of the course in good standing is in any case subject to the completion of the OFA by 30 September of the calendar year following that of enrolment.

The following are exempt from the test:

- Students transferring from another degree programme at the University of Insubria (internal



- transfer) or from another university, provided they have taken a test of knowledge similar to that required for the degree programme;
- Students who enrol having already obtained a degree.

Students interested in obtaining exemption must submit to the Student Secretariat a certificate or self-certification of their previous academic achievements.

3. Transfer procedures from other degree courses

Students coming from other universities or other degree programmes at this university, or from previous educational systems, may request a transfer/change to the degree programme. Transfer/change requests will be evaluated by the Degree Programme Board, which will determine the recognition of university credits based on the following criteria:

- analysis of the programme completed
- assessment of the suitability of the scientific disciplines and the content of the educational activities completed by the student in their previous studies, in relation to the specific educational objectives of the degree programme and the individual educational activities included in the educational programme.

The above recognition is carried out in accordance with the provisions of Article 3, paragraphs 10 and 11 of Ministerial Decree No. 1648 of 19 December 2023 redefining the Classes. Recognition is granted up to the number of university credits required by the educational programme.

Link to the recognition page: <https://www.uninsubria.it/servizi/consulenza-e-supperto/pratiche-studenti/servizi-segreterie-studenti/riconoscimento-di>

4. Simultaneous enrollment in two study programs

Starting from the 2022-2023 academic year, students will be allowed to enrol in two-degree programmes simultaneously, in accordance with Law No. 33 of 12 April 2022 (Provisions on simultaneous enrolment in two higher education courses) and subsequent ministerial decrees (DM 930/2022 and DM 933/2022). Requests for double enrolment will be assessed by a special committee for the degree programme, subject to verification of the admission requirements.

5. The educational path

The programme does not include a curriculum.

Teaching methods are conventional.

The programme includes core courses in the first, second and third years, three elective blocks in the second year and one block in the third year, where students can choose which courses to include in their programme. There are also 12 free-choice credits in the third year, 8 credits for internships and 12 credits for additional training activities.

Attendance is compulsory only for laboratory/seminar activities organised by the degree programme under the heading "Additional educational activities" for at least 75% of the activities planned for each laboratory/seminar.

Continuous attendance at lectures, which allows for constant dialogue with lecturers, is strongly recommended to fully acquire the content and methods of study and work.



To allow working students to attend the professional workshops scheduled for the second and third years (Additional Training Activities), the Degree Programme has entered into an agreement with the association Mechri / Laboratorio di Filosofia e Cultura / APS (a Third Sector organisation duly registered with the RUNTS) which allows participation in transdisciplinary training courses, carried out in a mixed mode (with the possibility of online connection) mainly on Saturdays and for which training credits are awarded under the heading Additional Training Activities (see Art. 9 Individual Plans).

To facilitate the training of students with declared disabilities, after these students have contacted the Services for Students with Disabilities or SLD office to activate the support procedures to which they are entitled, the CdS provides teachers with a list of students with disabilities received from the Services for Students with Disabilities or SLD office, to take the necessary measures to allow adequate attendance at courses and laboratories and to best prepare for exams. In addition, the CdS shall draw up an information sheet on all the procedures to be followed by the students and teachers involved. The CdS has identified a reference teacher from among its members.

University credits (CFU) measure the volume of learning, including individual study, required of a student with adequate initial preparation to acquire the knowledge and skills in the educational activities provided for in the course regulations, as indicated in Article 5 of Ministerial Decree 270/04.

Each educational activity (teaching, laboratory, internship or thesis, etc.) of the study programmes corresponds to a specific number of educational credits (CFU).

Each CFU corresponds to 25 hours of student commitment, including hours of educational activities in the presence of the teacher and hours of independent study and personal reworking necessary to complete the student's education.

The CFU corresponding to each educational activity are acquired by the student upon passing the exam or other form of assessment established in the course regulations.

Educational activities / CFU:

- lectures: up to a maximum of 8 hours / CFU;
- exercises: up to a maximum of 12 hours / CFU;
- teaching laboratories: up to a maximum of 16 hours / CFU;
- seminars: up to a maximum of 12 hours / CFU;
- teaching laboratories in the field: up to a maximum of 16 hours / CFU;
- training internship: 25 hours / CFU;

Lectures: this is the main and fundamental teaching activity, in which students attend lessons given by the lecturer and independently process the content heard.

Practical exercises: this activity allows students to clarify the content of the lessons through the development of applications. No additional content is provided with respect to the lessons; these exercises are associated with the lessons and do not exist independently.

Crossover: lectures given by two or more lecturers with different theoretical and methodological perspectives on the same topic within the scope of the courses included in the study plan.

Laboratories/seminars: lessons held by experts and professionals from the academic, professional and institutional worlds, with a practical approach and active and participatory organisation of students.

Visits/study trips: activities attended by students, coordinated and managed by teachers, in a productive or research context, for the purpose of studying and implementing knowledge.



Off-site teaching activities may also be planned for the workshops/seminars listed under “Additional training activities”.

The description of the activities will be included in the course syllabus and the schedule will be indicated in the timetable published on the programme website.

Internship: activity carried out by the student at companies and public or private organisations or at research groups under the supervision of a university tutor.

The training internship - equal to 200 hours of activity - may be carried out by the student once they have acquired at least 100 credits relating to courses included in their study plan.

Students are invited to review the procedure in good time with regard to the deadlines for activation.

Thesis: the final exam, worth 4 CFU credits, consists of the preparation, presentation and discussion of a written paper in Italian, approximately 50 pages in length, prepared under the guidance of a lecturer from the degree programme acting as supervisor and any co-supervisors.

The methods of assessment of educational activities may be in written or oral form and may include ongoing activities and project work.

The methods of assessment and evaluation are detailed in the course syllabi.

6. Graduation exams

The final exam, worth 4 credits, consists of the drafting, presentation and discussion of a written paper in Italian, approximately 50 pages in length, prepared under the guidance of a lecturer from the degree programme acting as supervisor and any co-supervisors. In the case of a paper written in a language other than Italian, the degree programme will ensure that a supervisor and/or co-supervisor with the necessary language skills is assigned. The presentation and discussion will still be held in Italian. The summary of the thesis that the graduate will present must be written in Italian and in the language chosen for the thesis.

The degree programme has drawn up detailed guidelines for the preparation of the final thesis, which are available on the website at

<https://www.uninsubria.it/servizi/tutti-i-servizi/tirocini-curriculari-dista>

The syllabus for the final exam is available on the programme website under “Percorsi Formativi e Programmi” (Study Paths and Programmes), selecting the relevant cohort.

The Examination Board, established in accordance with the University's Teaching Regulations, is composed of five lecturers from the programme and normally includes the supervisor. The public discussion and announcement of results take place at the end of the degree session. The degree mark, expressed in hundredths and with honours if applicable, will be awarded based on an assessment of the student's overall preparation, as demonstrated by their exam results and the maturity shown in the final exam. The final mark will be calculated as the average of the marks obtained in the exams taken by the candidate before the final exam.

The average is calculated in accordance with the University Regulations for Students.

The following will be added to the average expressed in hundredths:

1 point for every 6 honours obtained by the candidate during their studies;

0 points if the final exam was judged ADMISSIBLE/JUST SUFFICIENT

1 point if the final exam is judged FULLY SUFFICIENT

2 points if the final exam is judged DISCREET



3 points if the final exam is judged GOOD

4 points if the final exam is judged VERY GOOD

5 points if the final exam is judged EXCELLENT

If, following this calculation, the student obtains a mark of 110/110, the Commission may consider adding the distinction of Honours to the mark. The calendar of sessions with the registration procedures for the final exam is available at the following link:

<https://www.uninsubria.it/services/living-at-insubria/graduating/three-year-degree-exam-in-history-and-stories-of-the-contemporary-world>

Upon graduation, students will receive a Diploma Supplement, an informative report accompanying the official degree certificate with a description of the nature, level, context, content and status of the studies completed by the student. It is issued in both Italian and English.

The purpose of the document is to provide independent data for the international transparency of qualifications (diplomas, degrees, certificates, etc.) and to enable fair academic and professional recognition, promoting student mobility.

The Diploma Supplement complies with the Europass standard.

The regulations and a sample of the document are available at the following link:

<https://www.mim.gov.it/web/guest/-/nuovo-supplemento-al-diploma-con-4-allegati-relativi-alla-compilazione-e-alle-linee-guida-nazionali-per-la-digitalizzazione>



7. Planned Teaching – Cohort

1ST YEAR						
Course title	ECTS	Academic field	Disciplinary Field	Hours	Teaching period	Preparatory exam
STORIES OF THE 20TH CENTURY	8	M-STO/04	Basic / Methodology and sources of historical research	LEZ:56, SEM:12	First	M
STORYTELLING AND TV FICTION	8	L-ART/06	Basic / Methodology and sources of historical research	LEZ:56, SEM:12	First	M
STORIES OF SCIENCE AND TECHNOLOGY OF THE PRESENT	8	M-STO/05	Basic / Methodology and sources of historical research	LEZ:56, SEM:12	First	M
PHILOSOPHY OF HISTORY	8	M-FIL/01	Characterising / Philosophical, pedagogical, psychological and historical-religious disciplines	LEZ:56, SEM:12	First	M
HISTORY OF CINEMA	8	L-ART/06	Basic / Methodology and sources of historical research	LEZ:56, SEM:12	Second	M
HISTORY OF THE ATLANTIC WORLD	8	M-STO/02	Characterising / Modern and Contemporary History	LEZ:56, SEM:12	Second	M
GEOGRAPHY, CULTURES AND TERRITORIES	8	M-GGR/02	Basic / Geographical disciplines	LAB:16, LEZ:56	Second	M
HISTORY OF THE ENVIRONMENT	8	M-STO/05	Characterising / Modern and Contemporary History	LEZ:56, SEM:12	Second	M
ELEMENTS OF FRENCH LANGUAGE	6	L-LIN/04	Other / Additional language skills	LEZ:40 ESE:16	Second	M
KNOWLEDGE TEST	0	NN	//	LEZ:0	ND	Q
2ND YEAR						
Course title	ECTS	Academic field	Disciplinary Field	Hours	Teaching period	Preparatory exam
GLOBAL HISTORY	8	M-STO/02	Characterising / Modern and Contemporary History	LEZ:56, SEM:12	First	M
HISTORY OF CONTEMPORARY ITALY	8	M-STO/04	Characterising / Modern and Contemporary History	LEZ:56, SEM:12	Second	M
HISTORY OF REVOLUTIONS	8		Related/Integrative Educational Activities	LEZ:64		M
<i>HISTORY OF REVOLUTIONS – Module From segregation to the 'long 60s' protests</i>	6	M-STO/02		LEZ:48	First	M
<i>HISTORY OF THE REVOLUTIONS – Module 'The Beat Generation'</i>	2	L-ART/07		LEZ:16		
HISTORICAL AND VISUAL ANTHROPOLOGY	6	M-DEA/01	Basic / Anthropology, Law, Economics and Sociology	LEZ:48	Second	M
ADDITIONAL EDUCATIONAL ACTIVITIES - II YEAR	6	NN	Other / Other knowledge useful for job placement	LEZ:48	Yearly	M



One course to be chosen from:						
HISTORY AND PHILOSOPHY OF SCIENCE	8	M-FIL/02	Characterising / Philosophical, pedagogical, psychological and historical-religious disciplines	LEZ:56, SEM:12	First	M
PHILOSOPHY OF THE PRESENT	8	M-FIL/01	Characterising / Philosophical, pedagogical, psychological and historical-religious disciplines	LEZ:56, SEM:12	First	M
HISTORY OF PHILOSOPHY	8	M-FIL/06	Characterising / Philosophical, pedagogical, psychological and historical-religious disciplines	LEZ:56, SEM:12	Second	M
One course to be chosen from:						
WRITING FORMS AND STRATEGIES FOR TELEVISION	6	L-ART/06	Basic / Literary and art-historical disciplines	LEZ:40, SEM:12	Second	M
FILM GENRES	6	L-ART/06	Basic / Literary and art-historical disciplines	LEZ:40, SEM:12	First	M
One course to be chosen from:						
HISTORY OF AFRICA	6	SPS/13	Characterisation / Historical, political, economic and socio-anthropological disciplines	LEZ:40, SEM:12	First	M
HISTORY OF ASIA	6	SPS/14	Characterisation / Historical, political, economic and socio-anthropological disciplines	LEZ:40, SEM:12	First	M

3RD YEAR						
Course title	ECTS	Academic field	Disciplinary Field	Hours	Teaching period	Preparatory exam
STORIES OF HISTORIOGRAPHY	6	M-STO/05	Characterising / Modern and Contemporary History	LEZ:48	Second	M
PHILOSOPHICAL HISTORY	6	M-FIL/02	Characterising / Philosophical, pedagogical, psychological and historical-religious disciplines	LEZ:48	Second	M
ADDITIONAL TRAINING ACTIVITIES – YEAR III	6	NN	Other / Other knowledge useful for job placement	LAB:48	Yearly	Q
TRAINING INTERSHIP	8	NN	Other / Other knowledge useful for job placement	STA:200	ND	Q
FINAL EXAM	4	PROFIN_S	Language/Final Examination	PRF:100	ND	M
AT THE STUDENT'S CHOICE	12		//		ND	M



Two lessons to choose from:						
HUMAN ECOLOGY	6	BIO/07	Related/Integrative Educational Activities	LEZ:48	First	M
20TH CENTURY MUSIC	6	L-ART/07		LEZ:48	First	M
AUTHORIAL STYLES IN CONTEMPORARY CINEMA	6	L-ART/06		LEZ:48	Second	M
GEOGRAPHIES OF MEMORY	6	M-GGR/02		LEZ:48	Second	M
HISTORY OF SPORT	6	M-STO/04		LEZ:48	Second	M
<i>HISTORY OF SPORT - Module 'Sport and Politics'</i>	2	M-STO/04		LEZ:16		
<i>HISTORY OF SPORT - Module 'Sports Storytelling'</i>	2	M-STO/04		LEZ:16		
<i>HISTORY OF SPORT - Module 'Sport small and large screen'</i>	2	M-STO/04		LEZ:16		
KNOWLEDGE, ASSEMBLY AND MEMORY	6			LEZ:48	Second	M
<i>KNOWLEDGE, EDITING AND MEMORY – Module Composition and Memory</i>	3	M-FIL/01		LEZ:24		
<i>KNOWLEDGE, EDITING AND MEMORY – Module Story assembly and construction</i>	3	L-ART/06		LEZ:24		
ARTIFICIAL INTELLIGENCE	6	INF/01		LEZ:48	Second	M
HISTORY OF THE ISLAMIC WORLD	6	M-STO/04		LEZ:48	Second	M
FRENCH HISTORY AND CULTURE	6	L-LIN/03		LEZ: 48	Second	M
HISTORY AND RESOURCES OF THE MOUNTAINS	6	M-STO/05		LEZ:48	Second	M
SCIENTIFIC STORYTELLING	6	M-STO/05		LEZ:48	Second	M

M = exam with mark / Q = qualification