



**QUESTIONNAIRE FOR WORKERS UYESNG MONITOR (VDT)
ATTACHMENT SS2 FOR A CORRECT RISK ASSESSMENT
PURSUANT TO TITLE VII OF LEGISLATIVE DECREE 81/2008**

Individual form of :					
Work location address :					
Average daily working hours with VDT:		Total weekly working hours with VDT:			
Bookrest	<input type="checkbox"/> No, not needed	<input type="checkbox"/> No, would serve	<input type="checkbox"/> Yes, is needed	<input type="checkbox"/> Yes, i need it	
Document holder	<input type="checkbox"/> Yes, stable	<input type="checkbox"/> Yes, not very stable	<input type="checkbox"/> No	<input type="checkbox"/> I need it	
Footrest	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes, I don't use it	<input type="checkbox"/> No, I need it	
CHAIR				Yes	No
The seat is equipped with a swivel mechanism so that it can be moved easily according to the user's needs				<input type="checkbox"/>	<input type="checkbox"/>
The seat is comfortable, stable, height-adjustable and allows the operator freedom of movement				<input type="checkbox"/>	<input type="checkbox"/>
The height-adjustable backrest (50 cm above the seat)				<input type="checkbox"/>	<input type="checkbox"/>
The tilt-adjustable backrest				<input type="checkbox"/>	<input type="checkbox"/>
The seat top and backrest are profiled and bevelled				<input type="checkbox"/>	<input type="checkbox"/>
The seat features semi-rigid padding and a breathable cover				<input type="checkbox"/>	<input type="checkbox"/>
WORK SURFACE				Yes	No
Sufficient size to allow flexible arrangement of screen, keyboard, accessory material (at least 120x80 cm)				<input type="checkbox"/>	<input type="checkbox"/>
The height is adequate (between 70-80 cm)				<input type="checkbox"/>	<input type="checkbox"/>
The surface is reflective				<input type="checkbox"/>	<input type="checkbox"/>
The depth of the table top is sufficient to ensure adequate viewing distance from the screen				<input type="checkbox"/>	<input type="checkbox"/>
The table is stable and vibration-free when typing on the keyboard				<input type="checkbox"/>	<input type="checkbox"/>
There is adequate space under the table for leg movements and for inserting the seat				<input type="checkbox"/>	<input type="checkbox"/>
The workstation is well dimensioned and set up to allow for position changes and operational movements				<input type="checkbox"/>	<input type="checkbox"/>
ILLUMINATION				Yes	No
General and specific lighting (table lamp) provides sufficient illumination and appropriate contrast between the screen and its surroundings				<input type="checkbox"/>	<input type="checkbox"/>
There are anti-glare or shielded grid lamps mounted parallel to the windows and arranged to the side of the workplace				<input type="checkbox"/>	<input type="checkbox"/>
MONITOR				Yes	No
Not adjustable				<input type="checkbox"/>	<input type="checkbox"/>
Adjustable in distance (screen/operator eye distance of 50-70 cm)				<input type="checkbox"/>	<input type="checkbox"/>
Height adjustable (upper screen edge slightly lower than the operator's eye line)				<input type="checkbox"/>	<input type="checkbox"/>
Tilt adjustable				<input type="checkbox"/>	<input type="checkbox"/>
Adjustable in rotation				<input type="checkbox"/>	<input type="checkbox"/>
Presence of reflections on the screen				<input type="checkbox"/>	<input type="checkbox"/>
KEYBOARD AND POINTING DEVICES				Yes	No
Keyboard is separated from the screen and equipped with a tilt mechanism				<input type="checkbox"/>	<input type="checkbox"/>
The work surface space allows forearms to rest in front of the keyboard				<input type="checkbox"/>	<input type="checkbox"/>
The keyboard has an anti-glare matt surface				<input type="checkbox"/>	<input type="checkbox"/>
The symbols on the keyboard are sufficiently contrasted to be readable				<input type="checkbox"/>	<input type="checkbox"/>

The mouse or any pointing device supplied with the workstation is placed on the same plane as the keyboard, in an easily accessible position and has sufficient space for use	<input type="checkbox"/>	<input type="checkbox"/>
TYPE OF SCREEN CHARACTERS	Yes	No
Well defined, stable	<input type="checkbox"/>	<input type="checkbox"/>
Clearly legible	<input type="checkbox"/>	<input type="checkbox"/>
Blurred	<input type="checkbox"/>	<input type="checkbox"/>
Too small or too crowded	<input type="checkbox"/>	<input type="checkbox"/>
Flickering or unstable	<input type="checkbox"/>	<input type="checkbox"/>
SCREEN ADJUSTABILITY	Yes	No
Contrast	<input type="checkbox"/>	<input type="checkbox"/>
Brightness	<input type="checkbox"/>	<input type="checkbox"/>
Colour temperature	<input type="checkbox"/>	<input type="checkbox"/>
Resolution (via software)	<input type="checkbox"/>	<input type="checkbox"/>
Character colour (via software)	<input type="checkbox"/>	<input type="checkbox"/>
Background colour (via software)	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>
PORTABLE PC	Yes	No
Prolonged use of Notebooks?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, provision of an external keyboard and mouse as well as a suitable stand to enable correct positioning of the screen	<input type="checkbox"/>	<input type="checkbox"/>
Date of compilations _____		
Interested person _____		
Signature of the interested person _____		

Attention!

- The documentation, duly completed, signed and complete with the necessary annexes, must be sent to the Security Office via the University's computerized document management system (Titulus); those who do not have access to the aforementioned computer system must send the aforementioned forms to the Secretariat of the structure they belong to.
- For any doubts about filling in the forms, please contact the following numbers: 0332 219051 – 9050 - 9317 or 031 2389346