

RECRUITING AND TRAINING PHYSICIANS-SCIENTISTS TO EMPOWER TRANSLATIONAL RESEARCH  
A MULTILEVEL TRANSDISCIPLINARY APPROACH FOCUSED ON METHODOLOGY, ETHICS AND INTEGRITY IN  
BIOMEDICAL RESEARCH - 2018-2023



## RESEARCH TRAINING PROGRAM

### I. General Information

**Title of the research project:**

In vitro investigation on isolated human neutrophils of the pharmacological profile of plant compounds for human health

**Name and address of the department:**

Centro di Ricerca in Farmacologia Medica, Polo di Ricerca Biomedica Monte Generoso, Via Monte Generoso n. 71, Varese

**Student's supervisor:**

Franca Marino

### II. Description of the project

(max 1500 characters, spaces included)

**Background**

*Polymorphonuclear neutrophils (PMN) are usually considered as the first line of defense against invading microorganisms and as contributors to the orchestrated response after tissue invasion by pathogens. PMN are able to migrate into inflamed tissues, and in loco provide to the immune response through a number of different mechanisms. In the last decades we have shown that these cells represent a valid tool to test in vitro the ability of different compounds, including from plant sources, to affect key functions of these cells.*

**What is the aim of the project?**

*The main aim of the project is to find new and easy models to test the ability of novel compounds from plant origin as anti-inflammatory drugs.*

**What techniques and methods are used?**

*Isolation from peripheral blood of viable cells, culture and treatment with different agents.*

**When did the department start working on this project? (2018)**

Type of research project:

Basic science       Clinical research without lab work       Clinical research with lab work

### III. Student's involvement

The student will mainly observe  YES  NO  
The student will observe the experiments but will be involved in data analysis  YES  NO  
The student will take active part in experiments ("lab work")  YES  NO  
The student will take active part in clinical examination (clinical research)  YES  NO  
The student will be allowed to work with patients  YES  NO

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***What are the tasks expected to be accomplished by the student?***

The student will learn basic laboratory techniques for the isolation and functional assessment of human immune cells. S/he will help in preparing and performing experiments, in data analysis and interpretation, and will collaborate in collecting and recording data obtained during the study. If notion of statistics are available, S/he will collaborates/assists in data analysis.

***What is expected from/what will be the general outcome of the student?***

To prepare a poster / presentation / scientific report / abstract

The student's name will be mentioned in a future publication

Opportunity to present together with the supervisor the results on a conference

No specific outcome is expected

**IV. Requirements**

***What skills are required from the student?***

Ability to work in team, collaboration and communication skills, knowledge of Scientific English.

***Is there any special knowledge or a certain level of studies needed?***

Subjects passed:

Notion of general pathology and physiology; basic knowledge in pharmacology

Previous experience with:

\_\_\_\_\_

Certificate of:

\_\_\_\_\_

None

*Are there any legal limitations in the student's involvement in the project?*  YES  NO

If yes, what are the limitations?

\_\_\_\_\_

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**FMUP** FACULDADE DE MEDICINA  
UNIVERSIDADE DO PORTO



FONDAZIONE  
MONDINO  
Istituto Neurologico Nazionale  
& Centro Scientifico IRECCS

*For the use of students considering participating in the project, further information can be found from the following references:*

(please add specific references, max 3)

1. Mabou Tagne A, Marino F, Legnaro M, Luini A, Pacchetti B, Cosentino M. **A Novel Standardized Cannabis sativa L. Extract and Its Constituent Cannabidiol Inhibit Human Polymorphonuclear Leukocyte Functions.** Int J Mol Sci. 2019 Apr 13;20(8). pii: E1833. doi: 10.3390/ijms20081833.
2. Marino F, Scanzano A, Pulze L, Pinoli M, Rasini E, Luini A, Bombelli R, Legnaro M, de Eguileor M, Cosentino M.  **$\beta_2$ -Adrenoceptors inhibit neutrophil extracellular traps in human polymorphonuclear leukocytes.** Journal of Leukocyte Biology 2018, 104: 603-614.
3. Marino F, Schembri L, Rasini E, Pinoli M, Scanzano A, Luini A, Congiu T, Cosentino M. **Characterization of human leukocyte -huvec adhesion: effect of cell preparation methods.** Journal of Immunological Methods; 2017: 443:55–63

#### **V. Schedule**

*Duration of the project:*

1 month     2 months     3 months

*There are approximately 6 hours of work per day.*

*Available months:*

January     February     March     April     May     June  
 July     August     September     October     November     December

*How many students can you accept to the project at the same time? 2*

*Special remarks:*

(e.g., students should bring a stethoscope and a white coat, any vaccinations required, etc.)

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**NOTE: a scientific report is required at the end of the program**