



Giorgio Bono

UNIVERSITY OF INSUBRIA



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Contact data

Full Professor

Department of Clinical Medicine

c/o Ospedale di Circolo, Division of Neurology

Viale Borri, 57 - 21100 Varese - Italy

Tel: +39-0332-278427

Fax: +39-0332-393184

E-mail: giorgio.bono@uninsubria.it

Biography

Place and date of birth

Fossano – CN, 1947

Present position:

Full Professor of Neurology, Medical Faculty, Varese, University of Insubria.

Director Post-Doctoral School of Neurology, University of Insubria.

Director Unit of Neurology, Azienda Ospedaliera Universitaria Ospedale di Circolo, Varese.

Education

MD Degree, University of Pavia, 1973

Speciality Degree, University of Pavia, post-doctoral School of Neurology, 1978

Research training

Research assistant and resident National Neurological Institute – C. Mondino Foundation, Pavia, 1977-1980

Membership and Editorial Activities

Italian Society of Neurology (SIN)

International Headache Society (HIS)

Italian Society of the Study of the Headache (SISC- founding member)

International Study Group for Cervicogenic Headache

Research interests

Aging brain disorders: neuroendocrine correlates, clinical and neuropsychological aspects of Alzheimer's Disease and Minor Cognitive Impairment.
Neuropharmacological aspects of Dementias and Movement Disorders.

Toxic and infectious encephalopathies: studies on CNS complications of AIDS and

chronic alcoholism

Cerebrovascular Disorders: diagnostic and therapeutic aspects of vascular dementias. Stroke in young adults. Cerebral venous thrombosis.

Primary and symptomatic Headaches: contribution to classification, diagnosis and treatment of migraine syndromes, cluster headache, cervicogenic and post-traumatic headaches.

Associate Professor of Neurology since 1999, Full Professor since 2005.

Professor of Neurology at the School of Medicine- Varese, and at various post-doctoral Schools (Medical and Paramedical), University of Insubria

Teaching experience and appointments

Representative publications

1) G. Nappi, G. Bono, M. Poloni, F. Savoldi.

Comparative DDS and ODG study in the occlusion of the ICA. Eur. Neurol., 1977; 15: 102-108.

2) G. Nappi, F. Savoldi, G. Bono, E. Martignoni.

Reserpine - headache and PRL release in migraine. Headache, 1979, 19; 5: 273-277.

3) G. Nappi, F. Facchinetti, G. Bono, G. Micieli, D. Parrini, E. Martignoni, F. Petraglia, A.R. Genazzani.

Plasma opioid levels in post-traumatic headache and trigeminal neuralgia. Headache, 1982; 22: 276-276.

4) F. Tomasello, F. Mariani, C. Fieschi, C. Argentino, G. Bono, L. De Zanche, D. Inzitari, A. Martini, P. Perrone, G. Sangiovanni.

Assessment of Inter-Observer Differences In The Italian Multicenter Study on Reversible Cerebral Ischemia. Stroke 1982, 13 (1):32-35.

5) G. Bono, G. Micieli, G. Sances, M. Calvani, G. Nappi.

L-SHTP treatment in primary headaches: an attempt at clinical identification of responsive patients. Cephalalgia 1984; 4: 159-65.

6) G. Nappi, F. Petraglia, E. Martignoni, F. Facchinetti, G. Bono, A.R. Genazzani.

Beta-endorphin CSF decrease in untreated parkinsonian patients. Neurology 1985, 35: 1371-1374

7) L. Candelise, M. Vigotti, C. Fieschi, G.L. Brambilla, G. Bono, P. Conforti, L. De Zanche, D. Inzitari, F. Mariani, M. Prencipe, C. Argentino, S. Passero. Italian Multicenter Study on Reversible Cerebral Ischemic Attacks: VI Prognostic Factors and Follow-up Results. Stroke 1986; 17:842-8.

8) G.Nappi, F.Facchinetti, G. Bono, F.Petraglia, E. Sinfioriani, A.R. Genazzani
CSF and plasma levels of pro-opiomelanocortin-related peptides in reversible ischaemic attacks and strokes. J.neurol. Neurosurg.Psychiat.1986;49:17-21.

9) G.Bono, N.Martucci, P.Merlo, R.Cerbo, G.Nappi, A.Agnoli.

Safety profile of flunarizine. A retrospective study in migraine and cerebrovascular disorders. In : Calcium Antagonists: Pharmacology and Clinical Research. Annals of the New York Academy of Sciences 1988; 522:712-715

10) R. Scelsi, A.P. Verri, G. Bono, A. Marbini.

Familial Amyloid Polineuropathy: report of an autopsy case with vitreous opacities and polycystic kidney. Eur Neurol 1989, 29:27-32.

11) G. Bono, E. Sinforiani, P. Merlo, G. Belloni, M. Soldati, E. Gelso.

Alcoholic abstinence syndrome: short term treatment with metadoxine. Int. J. Clin. Pharm. Res., 1991; XI-1: 35-40

12) E. Martignoni, G. Bono, F. Blandini, E. Sinforiani, P. Merlo, G. Nappi

Monoamines and related metabolite levels in the cerebrospinal fluid of patients with dementia of Alzheimer type. Influence of treatment with L-deprenyl. J Neural. Transm. , 1991; 3. 15-25

13) E. Sinforiani, M. Mauri, G. Bono, S. Muratori, E. Alessi, L. Minoli

Cognitive abnormalities and disease progression in a selected population of asymptomatic HIV-positive subjects. AIDS , 1991; 5: 1117-1120

14) M. Mauri, E. Sinforiani, G. Bono, F. Vignati, M.E. Berselli, R. Attanasio, G. Nappi.

Memory impairment in Cushing's disease. Acta Neurol. Scand. 1993; 87: 52-55.

15) M. Mauri, E. Sinforiani, S. Muratori, R. Zerboni, G. Bono.

Three-year neuropsychological follow-up in a selected group of HIV-infected homosexual/bisexual men. AIDS, 1993, 7: 241-245.

16) M. Mauri, E. Sinforiani, F. Reverberi, P. Merlo, G. Bono.

Pramiracetam effects on scopolamine-induced amnesia in healthy volunteers. Archives of Gerontology and Geriatrics 1994; 18: 133-139.

17) G. Bono, I. Neri, F. Granella, A.R. Genazzani, F. Facchinetti.

Factors associated with pain complaints in a clinical sample of postmenopausal women. J. Psychosom. Obstet. Gynecol. 1995; 16: 117-121.

18) G. Bono, C. Balducci, P. Richelmi, G.E Koob, L. Pulvirenti.

Dopamine partial receptor agonists reduce ethanol intake in the rat. European Journal of Pharmacology 1996; 296: 233-238.

19) G. Bono, M. Mauri, E. Sinforiani, G. Barbarini, L. Minoli, M. Fea.

Longitudinal neuropsychological evaluation of HIV-infected intravenous drug users. Addiction 1996; 91 (2):263-268.

20) D. Franciotta, E. Cardini, G. Bono, R. Brustia, L. Minoli, V. Cosi.

Antigen-specific oligoclonal IgG in AIDS-related cytomegalovirus and toxoplasma encephalitis. Acta Neurol Scand 1996, 94, 215-218.

- 21) G. Bono, F. Antonaci, G. Sandrini, E. Pucci, F. Rossi, G. Nappi.
Pain pressure threshold in cluster headache patients. *Cephalalgia* 1996; 16: 62-6.
- 22) A. Costa, G. Bono, E. Martignoni, P. Merlo, G. Sances, G. Nappi. An
assessment of hypothalamo-pituitary-adrenal axis functioning in non-depressed,
early abstinent alcoholics. *Psychoneuroendocrinology* 1996; 21: 263-275
- 23) R. Estruch, G. Bono, P. Laine, E. Antunez, A. Petrucci, C. Morocutti, M.
Hillbom. Brain Imaging in Alcoholism. *European Journal of Neurology* 1998,
5:119-135
- 24) R.E. Nappi, E. Sinforiani, M. Mauri, G. Bono, G. Nappi
Memory Functioning at Menopause: Impact of Age in Ovariectomized Women.
Gynecol Obstet Invest 1999;47:28-36
- 25) G. Bono, F. Antonaci, A. Dario, A.M. Clerici, S. Ghirmai, G. Nappi
Unilateral Headaches and their relationship with cervicogenic headache. *Clin.
Exp. Rheumatol* 2000;18 (suppl.19): S11-S15.
- 26) G. Bono, F. Antonaci, S. Ghirmai, F. D'Angelo, M. Berger, G. Nappi
Whiplash injuries: clinical picture and diagnostic work-up. *Clin. Exp. Rheumatol*
2000;18 (suppl.19): S23-S28
- 27) Bono G, Mauri M, Clerici AM, Raineri C, Nappi G.
Outcomes of Alzheimer patients in a special care unit: results of a three year
follow-up. *Research and practice in Alzheimer Disease – Volume 5 – Serdi Publ,*
Paris 2001, pp 232-236
- 28) E. Sinforiani, R. Curci, R. Fancellu, P. Fachinetti, T. Mille, G. Bono
Neuropsychological changes after carotid endoarterectomy. *Functional Neurology,*
2001; 16(4):329-336
- 29) F. Blandini, G. Nappi, R. Fancellu, A. Mangiagalli, A. Samuele, G. Riboldazzi,
D. Calandrella, C. Pacchetti, G. Bono, E. Martignoni. Modifications of plasma and
platelet levels of L-DOPA and its direct metabolites during treatment with
tolcapone or entacapone in patients with Parkinson's disease. *J Neural Transm,*
2003, 110:911-922.
- 30) O. Siaastad, T.A. Fredriksen, G. Bono, G. Nappi. *Cervicogenic Headaches -
Basic Concepts.* EHF European Headache Federation, Smith-Gordon, London,
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